

## **2023 WINTER/SPRING AFTER SCHOOL COURSE SCHEDULE:**

### **Leadership In Action/Integrity & The Law:\***

**MEETS Tuesdays and Thursdays/Total 8 sessions (Jan 10, 12, 17, 19, 24, 26, 31, Feb 2)**

*Integrity is doing the right thing even when it's hard. This course will offer a practical understanding how integrity impacts every facet of life, not just personally, but within our civic government and justice system as well. This highly interactive experience will include understanding and working with various leadership styles, an introduction to the positions and processes within the court room, a meeting with leaders at City Hall, a lawyers and judges Q&A panel, mock courtroom scenarios, project presentation, and book discussion with author of "The Sale", Alex Demczak.*

*\*Students accepted in this course will be provided and required to read "The Sale", A Business Fable on how integrity creates lasting success, by Jon Gordon and Alex Demczak.*

**Course Lead: Miss Cindy Heintz and Judge David Ridge**

**Location: Erie City Mission Youth Classroom (1017 French Street)**

**Course Cost: \$20.00**

### **Paper & Printmaking in collaboration with Grounded Print Shop:**

**MEETS Mondays and Wednesdays/Total 8 sessions (Feb 6, 8, 13, 15, 20, 22, 27, Mar 1)**

*This in-depth dive into the process of paper and printmaking will provide student participants the opportunity to conceptualize and create pieces of paper art from natural and plant materials .*

**Course Lead: Miss Ashley Pastore and Miss Tracey Berger**

**Location: Grounded Print Shop (1902 Cherry Street)**

**Course Cost: \$30.00**

### **Media Production in collaboration with Community Access Media:**

**MEETS Tuesdays and Thursdays/Total 8 sessions (Mar 7, 9, 14, 16, 21, 23, 28, 30)**

*Participants in this course will work in teams to learn how to execute the creative process of visual storytelling through conceptualizing, recording, editing, and producing a Public Service Announcement message for Urban University. Students will use advanced HD media equipment with professional instruction from Community Access Media staff in their multi-faceted production studio.*

**Course Lead: Mr. Jacob Jones and Mr. Branden Montgomery**

**Location: Community Access Media (142 West 12<sup>th</sup> Street)**

**Course Cost: \$30.00**

### **Graphic Art & Design/Youth Commerce:\***

**MEETS Tuesdays and Thursdays/Total 8 sessions (Apr 11, 13, 18, 20, 25, 27, May 2, 4)"**

*In this "business art" course, students will learn how to use the Vectorator Graphic Design Program to work as marketing teams to create positive leadership logos and messages that will be featured on clothing to be sold through our annual online merch store, May 8-22, 2023. Guest marketing professionals will introduce and launch students into the design process and social media promotion strategies. Proceeds from this sales campaign will go toward our 2023 Summer Mission Trip to serve the youth at the Kingswood Home For Children, Bean Station, TN*

*\*This course requires a prerequisite of either Leadership In Action or Media Production*

**Course Lead: Miss Tracey Berger**

**Location: Erie City Mission Youth Classroom (1017 French Street)**

**Course Cost: \$30.00**

### **Pickleball:**

**MEETS Mondays and Wednesdays/Total 8 sessions (Apr 24, 26, May 1, 3, 8, 10, 15, 17)**

*Join the wave of Pickleball to learn one of the fastest growing sports in the world! Pickleball, a cross between tennis, badminton and ping-pong, attracts individuals of all ages and skill levels for fun and competitive exercise. This course is open to both the beginner and intermediate player to learn or improve their level of play. Equipment provided for first time pickle ball students; repeat students are required to bring their own equipment.*

**Course Lead: Mr. Don Wolfe and Miss RoseMarie Croce**

**Location: Church of the Cross (5901 Millfair Road)**

**Course Cost: \$20.00**

*\*Students interested in getting more information on our 2023 Mission Trip experience should inquire at their interview.*

## AFTER SCHOOL PROGRAM DETAILS:

- **Drop Off Time: 3:45PM-4:00PM**
- **Pick Up Time: 7:00PM for all other courses except Pickle Ball at 6:30PM**
- Each course will accept 6-12 students and will host a minimum 1:2 adult mentor to student ratio.
- Courses include a nutritious meal.
- Please note that our program meets regardless of days off from school. It will be expected that you consider vacation, family events, appointments, etc. against our schedule so that you may insure your student's attendance for every session, unless they are sick.
- Students accepted into the program are required to participate in at least one of the multiple Service Learning opportunities offered each semester but may choose the option to participate in more.
- To establish a growing culture of excellence in leadership, students are strongly encouraged to apply for more than 1 course.
- If a student wants to participate but transportation to and from our program is prohibitive, please be sure to communicate this at student interview so we may consider and offer potential solutions.
- Partial scholarships are considered upon request for multiple courses and family members.
- Family Celebration and Showcase Events – TBA

## 2023 FAMILY/COMMUNITY WORKSHOP SCHEDULE:

### Basics of Self Defense in collaboration with Trinity Karate Outreach

**Friday, January 27, 5:45PM-7:15PM**

*While we hope that we would never need to use self-defense tactics, it is important to ensure that we could defend ourselves should the need arise. Because of limited space, this workshop requires an advanced RSVP and payment to guarantee your spot by Monday, January 23. This experience is best suited for families with children 8+ who can focus and engage in this activity.*

**Workshop Lead: Master Brian Arrington**

**Location: ECM Youth Classroom (1017 French Street)**

**Course Cost: \$2.00/Person OR \$5.00/Family**

### Open Pickleball Play & Instruction in collaboration with Church of the Cross

**Saturdays, January 28 and February 25, 10:00AM-12:00PM and Friday, March 10, 6:00PM-8:00PM**

*Pickleball was invented in 1965 near Seattle, Washington by three dads whose kids were bored with their usual summertime activities, but in recent years, this sport has taken off in its popularity and enjoyed by all ages and skill levels, even reaching a professional level. RSVP in advance and join us for both an introduction to rules and the game for beginners as well as open play for experienced players. This workshop is best suited for families with children 8+ who can focus and engage in this activity.*

**Workshop Lead: RoseMarie Croce and UU Pickleball students interested in helping**

**Location: Church of the Cross (5901 Millfair Road)**

**Course Cost: NA**

### Fire Cider Fermentation in collaboration with Wild Field Urban Farm

**Monday, January 30, 6:00PM-7:30PM**

*In this workshop, participants will learn how to make and take home their own batch of fire cider, a vinegar tonic combining a variety of ingredients, such as, apple cider vinegar, garlic, onions, ginger, horseradish, and herbs. This flavored vinegar can be drizzled on salads or roasted vegetables, or added to marinades and sauces, and it offers a host of immune support benefits. Because of limited space and securing supplies this workshop requires advanced RSVP and payment to guarantee your spot by Tuesday, January 24 and is best suited for families with children 12+.*

**Workshop Lead: Miss Stephanie Ciner**

**Location: ECM Youth Classroom (1017 French Street)**

**Course Cost: \$8.00/Person (includes 32 oz. Mason jar with lid and band) \$5.00/Person (if supplying your own)**

### DIY Card Making

**Thursday, February 23, 5:30PM-7:30PM**

*Making your own greeting cards is not only cost effective, but so much fun. Get creative as you let those special people know how much you care with your original designs. Because of limited space, this workshop requires an advanced RSVP by Monday, February 20. It is best suited for families with children 10+ who can focus and engage in this activity.*

**Workshop Lead: Miss Brenda Crolli**

**Location: ECM Youth Classroom (1017 French Street)**

**Course Cost: NA**

### Auntie Elaine's Homemade Soft Pretzels and Donuts

**Friday, February 24, 5:30PM-7:30PM**

*Every family needs a good soft pretzel and donut recipe to pull out for cozy winter weekends at home. Join Auntie Elaine (not to be confused with Auntie Anne's) for this baking workshop where we will make different flavored soft pretzels and donuts and eat them together. Because of limited space, this workshop requires an advanced RSVP by Monday, February 20. It is best suited for families with children 8+ who are able to follow instructions and safely engage in these activities.*

**Workshop Lead: Miss Elaine Ghazinour**

**Location: ECM Youth Classroom (1017 French Street)**

**Course Cost: NA**

### Paper & Print Making in collaboration with Grounded Print Shop

**Saturday, March 11, 1:00PM-3:00PM**

*Just like our after school course, but within an abbreviated afternoon, participants will learn how to make paper from a variety of recycled materials and creatively design them. Enjoy this artistic and sustainably-focused workshop as we explore the process of hand-made paper and printing. This workshop requires advanced RSVP and payment to guarantee your spot/s by Monday, March 6. This experience is best suited for families with children 8+ who can focus and engage in this activity.*

**Workshop Lead: Miss Ashley Pastore**

**Location: Grounded Print Shop (1902 Cherry Street)**

**Course Cost: \$5.00/Person**

### Introduction to Chess for Beginners & Challenge Chess for Experienced Players

**Saturday, April 1, 10:00AM-12:00PM**

*Did you know that learning chess can support the development of higher-order thinking skills—like problem solving, decision making, planning, and even creativity. Chess training and practice also helps improve general cognitive ability and scholastic achievement. This workshop will introduce the game to beginners and allow for experienced players to challenge one another. RSVP in advance. This experience is best suited for families with children 8+ who can focus and engage in this activity.*

**Workshop Lead: Mr. Franklin Curlin**

**Location: ECM Youth Classroom (1017 French Street)**

**Course Cost: NA**

### LIVE Birds of Prey Presentation in collaboration with Tamarack Wildlife Center

**Saturday, April 1, 12:00PM-2:00PM**

*Get up close and personal with some of Pennsylvania's magnificent birds of prey and learn about their characteristic features, discover their adaptations, and explore their critical role in our environment. Through interactive activities learn what you can do to help birds of prey and the world we share. Because of limited space and securing meals, this workshop requires an advanced RSVP and payment to guarantee your spot by Monday, March 27. This experience is best suited for families with children 6+ who can focus and engage in this activity.*

**Workshop Lead: Miss Melissa Goodwill**

**Location: ECM Youth Classroom (1017 French Street)**

**Course Cost: \$2.00/Person OR \$5.00/Family (includes Wegmans Sub Lunch)**

## **FAMILY/COMMUNITY WORKSHOP DETAILS:**

- Urban University is not just a youth program. Our aim also includes building a strong commUUnity focused on engaging our youth and families together.
- When families spend time having fun, learning and growing together, they create strong bonds and build trust thereby creating a positive commUUnity.
- Much planning and detail goes into each of our workshops to account for organization fees, facility space, materials, food, etc., therefore, we ask that you consider your schedules carefully when reserving a spot for any of these events. Your commitment and communication is greatly appreciated.